The 2016 Gratitude Report
Goochland Free Clinic and Family Services
Annual Statement of Support
Our Mission
To provide access to health care and basic human services to Goochland County residents who are in need of assistance.

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Dear Friends,

Wow! 2016 was a wonderful year!

In January, we kicked off our Capital Campaign to build a new building and create an endowment to support the future of our mission.

YOU, our volunteers, staff, and donors made it all possible.

• You provided the support needed to serve clients day to day.
• You helped make the case for change. You are on the front lines, driving it and embracing it.
• You have not skipped a beat in delivering services to our most vulnerable neighbors.

While a lot of focus is on the new building and the benefits it will bring - more space, safer access, privacy - the real story is our continuing mission of service. GFCFS is not a building. GFCFS is a history of support for our neighbors in crisis. The tasks we undertake now move that history forward continuing our legacy of neighbors helping neighbors.

In 2016, we reached significant milestones adding to that legacy.

In August, the Points of Light Foundation awarded GFCFS the Service Enterprise designation. A Service Enterprise is “an organization that fundamentally leverages volunteers and their skills across all levels of the organization to successfully deliver on its social mission”. The approval process is rigorous and only 15% of non-profits nationwide achieve this honor.

Our Domestic Violence program, begun in 2015, added Sexual Assault services in 2016. In just 6 months, we provided emergency housing, court advocacy, counseling, and safety planning assistance to 68 victims. The need is clear and we are responding.

For the first time, our Dental program provided more preventative care (routine cleanings) than extractions. That is truly significant progress and means healthier clients going forward.

Our successes are your successes. Without you they would not have happened.

Your support is building a better future.

Sincerely,

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GFCFS provided a safety net for 1,600 Goochland residents experiencing immediate food, housing, health, safety, and other basic needs.
Your support...
Shows you care

GFCFS programs have been a safety net for our community since 1952. GFCFS exists to provide basic human needs — food, shelter, health care, and clothing — for Goochland residents who are vulnerable and lack adequate resources.

Our vision is that all Goochland residents, regardless of circumstances, have:

- Access to health care (medical, dental, and mental health)
- Enough food to feed their families
- Safe and stable housing
- Clothing they need for school and work

“After I registered with GFCFS, I was able to see a dentist for the first time in many years. Now I feel like smiling again.”

— GFCFS Client
Your support... Provides unique solutions

GFCFS is the only non-profit organization in Goochland providing assistance for housing, food, health care, clothing, and domestic violence services. We strive to meet the needs of our community and serve our neighbors efficiently, safely and with dignity all in one place.

Our programs provide assistance with:

- Food
- Medical Care
- Medical Transportation
- Mental Health Care
- Dental Care
- Clothes and Household Goods
- Case Management
- Financial Assistance
- Critical Home Repair
- Emergency Housing
- Domestic & Sexual Violence

“I go to the Clothes Closet with my mommy to get shoes and clothes for school.”
— GFCFS Client
4,063 Clinic visits for Medical, Dental, and Mental Health Care

Transportation for 1,832 medical appointments totaling 36,128 miles

12,339 prescriptions valued at $1.5 million
Your support...

Helps patients feel better

Our medical, dental, and mental health clinics are open to low-income and uninsured residents of Goochland. Services include wellness visits, medications, chronic illness management, counseling, dental procedures, and cancer screening.

Our doctors, dentists, nurses, and specialists donate their time to help clients. And, if someone needs assistance getting to a medical appointment, we even offer transportation.

“Mom was sick but she got help at the Free Clinic. Now we can play together again.”

— GFCFS Client
7,563 Food Pantry visits nourished 1,562 neighbors
Your support... Feeds families

Hunger is part of everyday life for some of our neighbors. Our food pantry supports over 170 families every week.

The pantry is stocked by donations from Goochland residents, churches, schools and businesses committed to making a difference in their community.

“Getting bread, milk, and other staples from the Food Pantry means I have enough money left to pay the electric bill. It’s a treat when local farmers and neighbors donate fresh vegetables.”

— GFCFS Client
Emergency Housing
sheltered 20 neighbors
Your support... Keeps families safe in their homes

While Goochland is one of the richest counties in Virginia, many people in our community lack safe, affordable housing. We support those who need housing assistance such as help paying a utility bill or repairing a home, or even a safe place to stay in an emergency.

“I didn’t have the right equipment or money to fix the leak in my mom’s roof. GFCFS was able to get it repaired. My mom can stay in her house and I know she is safe.”

— GFCFS Client
Domestic Violence & Sexual Assault
services cared for 68 neighbors through safe housing and advocacy
Your support... 
Keeps our neighbors safe

We work to keep our community safe by supporting survivors of domestic and sexual violence and promoting healthy relationships.

24 Hour Hotline
804-980-6267

In addition to our 24-hour hotline, our trained staff can help with developing a safety plan that may include counseling, emergency shelter and court advocacy. To receive domestic violence or sexual assault services, you do NOT have to be a client of Goochland Free Clinic and Family Services.

“GFCFS helped me leave an abusive relationship and make a plan for the future. Now my son and I sleep at night, unafraid.”

— GFCFS Client
Your support...

Building Bridges of Hope
Our annual breakfast event provided an opportunity for donors and new friends to hear directly from clients how GFCFS impacted and transformed their lives. The breakfast expands awareness and spotlights the power of neighbors helping neighbors.
Richmond Symphony Benefit Concert
In November, the Richmond Symphony performed classical selections and seasonal favorites at the 10th annual benefit concert sponsored by Goochland Rotary.

Jingle Bell Bazaar
The annual Jingle Bell Bazaar, a fundraising event in early December, offered a relaxed shopping experience featuring over 40 booths with unique gift items.
Your support...

By sharing their time and talent, GFCFS volunteers helped care for Goochland neighbors in need. Our volunteers know that the donation of their time and talent truly makes a difference in the lives of our clients.

Over 400 volunteers 17,068 hours donated

In August 2016, the Points of Light Foundation designated Goochland Free Clinic and Family Services as a Service Enterprise. A Service Enterprise is “an organization that fundamentally leverages volunteers and their skills across all levels of the organization to successfully deliver on its social mission.” Only 15% of non-profits nationwide achieve this recognition.
Our brother, Warren, has mild dementia. He was shy about using the GFCFS services because of his condition. We convinced him to try the Food Pantry. The staff and volunteers made him feel welcomed and comfortable. The Clothes Closet helped him pick out shoes and some clothes. His interactions with the staff, volunteers, and other clients really lifted his spirits. Now Warren visits the Clothes Closet every week even when he doesn’t need to shop. Our family is truly grateful for the support of GFCFS.

I ran over a nest of yellow jackets while cutting my grass. I’m allergic and passed out. Thank goodness, my neighbor called for an ambulance. I used to carry an Epipen, but they have become too expensive for low-income folks. After my incident, one of the clinic volunteers made it her mission to make Epipens available to us. It took lots of research, perseverance, and paperwork but she made it happen. The next time I can avoid an ER visit. GFCFS literally saves lives.

I went to the clinic because I was having pain low down in my stomach. They discovered that my blood pressure was dangerously high. The doctor wanted me to go the emergency room right away. I told her I didn’t have a car. I was afraid I wouldn’t be able to get home. When they promised they would find me a way home, I agreed to go. I was diagnosed a “dissecting aortic aneurysm” which could have killed me. I needed an operation. GFCFS found a surgeon who donated his time. The GFCFS van brought me home when I was discharged. I have my follow up visits with the clinic cardiologist and the clinic van brings me to those too.
All of this adds up to one unique organization ... an organization that helps those in crisis — a safety net for those who have no other place to get help.

From making sure everyone has access to health care and enough food to feed their family, to safe, stable housing and clothing for school and work, Goochland Free Clinic and Family Services is there.

We are grateful that you support our families in need.

“... The Clinic got me an appointment with a specialist in Richmond. The Medical Transportation van even takes me there.”

— GFCFS Client
Financial Report

**Assets:**
- Cash and equivalents $646,185
- Investments $568,435
- Receivables $399,354
- Prepaid expenses $19,059
- Property and equipment—net $390,830
- Pledges due in future years $296,060
- Designated for future expansion $4,372,786
- Total Assets $6,692,709

**Liabilities and Equity:**
- Payables $27,330
- Total Liabilities $27,330
- Net Assets:
  - Restricted net assets $5,172,376
  - Unrestricted net assets $1,493,003
- Total Net Assets $6,665,379
- Total Liabilities and Equity $6,692,709

**Sources of Funds**
- $1.76 million total income
  - 30% Individuals
  - 22% State and local govt
  - 12% Businesses
  - 20% Foundations
  - 10% Earned Income
  - 6% Non Profit Organizations

**Use of Funds**
- $1.70 million total expenses
  - 42% Health
  - 16% Food & Clothing
  - 16% Housing
  - 10% Other Client Services
  - 16% Admin & Fundraising

**Net Income**
- $1.76 million total income
- $1.70 million total expenses
- $160,000 net income
Your support...
Continues to provide a safety net

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I had to have all my toes amputated due to diabetes. I told my case manager in Family Services that it was very hard for me to get around even with a walker. She called the clinic and found out that one of the nurses might be able to find me a pair of donated diabetic shoes. Sure enough, a few weeks later, they found donated shoes and presented them to me. I am now able to get around with less assistance and be more independent. GFCFS “supports” me every day.
I use the Food Pantry and Clothes Closet on a regular basis. In the fall, a branch I was trimming swung around and hit me in the head and face. I suffered skull and facial fractures requiring surgery. There was also brain bleeding that had to be surgically drained. After discharge, the hospital contacted GFCFS to make sure I received critical follow up care. The Clinic provided medical and specialty care, physical therapy and medications until I was deemed eligible for Medicaid - which took 4 months! I simply would not have survived without the support of GFCFS.
Executive Staff

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Your Volunteerism...
Makes It All Possible.

We would like to thank all of the volunteers who spent endless hours over the past year giving of themselves to help their neighbors. Thanks to the corporations, churches, and community partners that support us with volunteers who gave their time.

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GFCFS has made every effort to ensure accuracy and to include everyone who supported GFCFS in 2016. For errors or omissions, please accept our apologies and contact Adair Roper, Director of Development, 804/556-0476 or aroper@goochlandcares.org.
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Your support... Is Building Our Future

The vision began in 2007 when the Goochland Free Clinic and Goochland Fellowship came together in order to serve the residents of Goochland County in the most comprehensive, cost effective, and efficient way possible.

By 2013, the organization was serving more than 1,200 low-income and at-risk neighbors annually from three separate locations. Inadequate facilities compromised safety, privacy, efficiency, and access. The board of directors conducted a feasibility study and developed a strategic plan with a new vision: to provide all services under one roof.

To achieve the vision of a “one stop shop”, the organization launched the ALL.HERE.NOW. Capital Campaign to fund construction of a 20,000 square foot building, conversion of the current Family Services building to emergency housing, and an endowment to ensure sustainability.

Board member Lisa Luck volunteered to serve as Capital Campaign Chair. Sixteen other board members and volunteers formed the Capital Campaign Cabinet and Capital Campaign Advisory Board.

Fundraising for the Capital Campaign kicked off in May 2016 with a goal of $5.85 million which included a $1 million endowment. The goal was increased by the board in December 2016, to $7.1 million with a $1.5 million endowment, to accommodate updated construction and operating cost estimates.
Tempering enthusiasm with cautious optimism, we wondered, “Would our community be galvanized by the need to help our neighbors? Would people come forward with the levels of generosity necessary to achieve this goal?” The answer is a resounding “YES!”

Boosted by challenge grants from the Cabell Foundation and the Mary Morton Parsons Foundation we reached 98% of our new fundraising goal as of May 2017.

GFCFS broke ground on March 21, 2017. We hope to be completed by Spring 2018.

**You are building our future!**
**Thank you!**

“The Goochland community has demonstrated that it feels as strongly as I do that we all have a responsibility to help our neighbors who struggle every day for food, shelter, clothes, and healthcare.”

— Lisa Luck, GFCFS **ALL.HERE.NOW.**
Capital Campaign Chair
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- Martha Pruitt Fink
- Harrison Foundation
- Charlie and Lisa Luck
- MEDARVA
- Tommy and Teri Pruitt

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Every effort has been made to ensure accuracy. Capital Campaign donors listed are as of June 15, 2017.
Volunteering at GFCFS has been very rewarding. We love the team of dedicated staff and volunteers who work tirelessly providing high-quality, essential services to low income Goochland residents. It is amazing what can be accomplished when everyone in the community unites behind a goal to help our neighbors in need. This is an exciting time to be a volunteer and supporter at GFCFS as we move towards our vision of having all services under one roof.

— Tracey and Dave Harbaugh