GOOCHLAND CARES
Free Clinic and Family Services

and I Care!

SPRING/SUMMER 2019

- SHELLEY'S STORY
- EXPANDED MEDICAL CARE
- NEIGHBORS HELPING NEIGHBORS - Winter Volunteers
- SAVE THESE DATES
- FOOD DRIVE HAULS IN 30,000 POUNDS
- VOLUNTEER SPOTLIGHT - Sarah Kinney
- VOLUNTEER APPRECIATON - see the pics
- MAKE YOUR GIFT GO 10% FURTHER with Birdies for Charity

DID YOU KNOW?

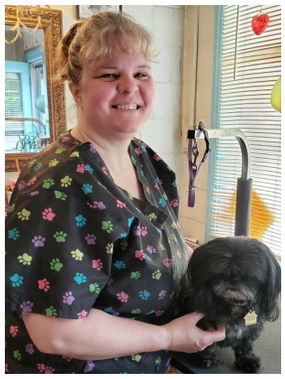
In 2018, GoochlandCares volunteers donated 25,705 hours valued at $800,000.

SPRING FOOD DRIVE

We exceeded our goal of 30,000 pounds.

SHELLEY'S STORY

Grateful for GoochlandCares.



Shelley Durfee has lived in Goochland since 2002. She is a homeowner and she owns a local business, Canine Clips. That means a mortgage and expenses for her home plus rent and expenses for her business. Shelley likes the independence and sense of accomplishment of running a business, but with two children, 14 and 18, it's a struggle to meet all her responsibilities.

Shelley shops the Clothes Closet on Tuesday nights after work. She uses her household credits for clothes for the kids. She even furnished her home with Clothes Closet bargains.

Read more.....

GOOCHLANDCARES EXPANDS MEDICAL CARE

Now offering 3 levels of service.

In response to Virginia's recent Medicaid expansion, GoochlandCares is now offering 3 levels of service to meet the needs of those who still don't have health insurance. Executive Director Sally Graham says, "We want to give as many people as possible access to quality care."

You Keep The Momentum Going! THANK YOU!

VOLUNTEER SPOTLIGHT

Sarah Kinney

"I feel like I am doing God's work and giving back to Him by spending my time giving back to my community."

In 2017, Sarah's faith, and her family, inspired her to begin volunteering at GoochlandCares.

Sarah splits her volunteer time at GoochlandCares between the Clothes Closet and the Food Pantry. She remembers the old Clothes Closet location with no windows and the old Food Pantry with the low ceiling and tiny staircase. She enjoys the new building with its natural light and space to sort and stock donations.

Read more.....

CURRENT VOLUNTEER NEEDS

Clothes Closet

Interested in volunteering? Our most immediate need is for volunteers in the Clothes Closet to sort and stock donations. If you have 2-3 hours a week, join us to work with a friendly team of volunteers and staff and help our clients get clothing and small household items.

For information about this and other volunteer opportunities, contact Diane Reale, Director of Volunteer Resources, at 804-556-0712 or dreale@goochlandcares.org.

CLICK HERE to visit our VOLUNTEER page.

WE LOVE OUR VOLUNTEERS

Volunteer Appreciation Week April 7 - 13

Blue Level: Goochland residents with health insurance (including Medicaid) and with income under 200% of the federal poverty level qualify for **non-Clinic services** like the Food Pantry and the Clothes Closet.

Green Level: Goochland residents without health insurance and with income under 200% of the federal poverty level qualify for **all services including the Free Clinic.**

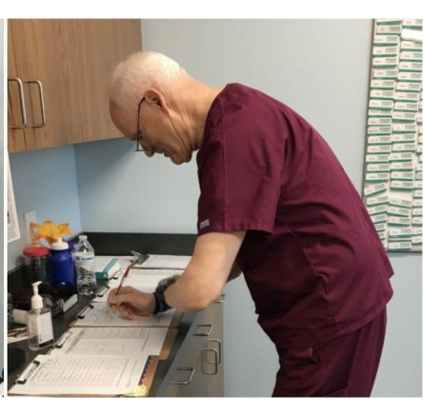
Orange Level: Goochland residents without health insurance and with income between 201% and 300% percent of the federal poverty level qualify only for **health care at our Free Clinic.**

Visit: goochlandcares.org/now_eligible,
Or contact: Zita Lee, Registration Coordinator at
804-556-0711 or zlee@goochlandcares.org.

NEIGHBORS HELPING NEIGHBORS

Winter Volunteers Keep Us Going!

Thank you to all our friends and partners who recently tackled individual and group projects. You got us through the winter and into the spring.



You Make A Difference In The Lives Of Neighbors In Need. THANK YOU!

See more pics.....

Empowerment * Community * Compassion
Quality * Client-centered care

MAKE YOUR GIFT GO 10% FURTHER.

Donate through Birdies for Charity and GoochlandCares gets a 10% bonus!

It's easy. Here's how:

ONLINE

- Go to **bit.ly/DonatetoGoochlandCares**.
- Make your donation securely online.
- PGA Tour Charities will send your tax receipt by email.

BY CHECK

- Make your check out to PGA Tour Charities.
- Be sure to put **GoochlandCares** in the memo line.
- Mail to Dominion Energy Charity Classic, 707 E Main St, Ste 1025, Richmond, VA 23219, Attn Birdies for Charity
- PGA Tour Charities will send your tax receipt by mail.

THROUGH DONOR ADVISED FUNDS AT COMMUNITY FOUNDATION

- Log in to your Donor Connect portal.
- Select PGA Tour Charities for your grant recommendation.
- Designate **GoochlandCares** in the grant purpose section.
- Follow prompts to complete request.
- Community Foundation will mail check and grant memorandum to Dominion Energy Charity Classic office.

DONATE TO GOOCHLANDCARES
through Birdies for Charity.

Birdies for Charity presented by TowneBank is a fundraising platform operated by the PGA TOUR in conjunction with the Dominion Energy Charity Classic. Birdies for Charity allows participating organizations to receive a 10% bonus on every gift they receive through the program.

CLICK HERE for full instructions and information.

Richmond Country Club
presents
11th Annual
Jingle Bell Bazaar
benefiting GoochlandCares

CALL FOR VENDORS

GoochlandCares is seeking vendors for the

11th Annual Jingle Bell Bazaar
Tuesday, December 10th

SAVE THESE DATES

Your favorite events are returning!

Brews for Birds

Thursday, September 12th

at Kindred Spirit Brewing

BREWS FOR BIRDS
GOOCHLAND CARES
Benefiting GoochlandCares Food Pantry

BUILDING BRIDGES OF HOPE
Goochland Cares

Building Bridges of Hope

Wednesday, October 16th

8am and 12pm

at Hope Church

Bethlehem Walk

Wednesday, December 4th
through Sunday, December 8th

at Salem Baptist Church
Broad Street Campus

Salem Baptist Church

(Collection for Food Pantry on site. Please bring non-perishable items.)

Jingle Bell Bazaar

Richmond Country Club
presents
11th Annual Jingle Bell Bazaar

Tuesday, December 10th

10am - 8pm

at Richmond Country Club

CURRENT DONATION NEEDS

Clothes Closet

CLOTHES CLOSET
Pillows
New and gently used men's jeans
New and gently used men's work tshirts
Plus size clothing for men and women
Children's clothing
New socks and underwear
New and gently used towels
Shoes
Pots, pans and dishes
Kitchen utensils
School supplies
Fans - in good working order

CLICK HERE for a complete list for CLOTHES CLOSET.

Food Pantry

FOOD PANTRY
Most paper and personal hygiene products are not covered by S.N.A.P. benefits. We need:
Laundry detergent
Household cleaners
Bar soap and liquid soap
Toilet paper
Dish soap
Deodorant
Shaving cream
Feminine hygiene products

CLICK HERE for a complete list for FOOD PANTRY.

CLINIC
Finger and wrist splints
Vitamins
Allergy medication
Unopened, unexpired prescription medications
Travel size toothpaste
Travel size fluoride rinse

CLICK HERE for a complete list for FREE CLINIC.

Tuesday, December 10th.

CLICK HERE for information and application.

Visit us at:
www.GoochlandCares.org

Our Mission:
To provide health care and basic human services to Goochland residents in need.

Find more news and events at:

MAKE A DONATION

VOLUNTEER