

GOOCHLAND CARES

Free Clinic and Family Services

General Volunteer Opportunities

| Volunteer Opportunities | Time Commitment | Special Skills or Training Needed | Responsibilities |
|---|---|--|---|
| Clothes Closet Sorter and Stocker | Monday-Saturday 2-3 hour shifts | On-site training | Customer service, sort donations |
| Clothes Closet Bin Pick-up | Flexible; Schedule with Clothes Closet Management | Valid driver's license; may use our vehicle or one's own | Pick-up donations from bins located throughout the county |
| Food Pantry Food Courier and School Milk Pickup | Schedule arranged with FP Manager; slots vary Sunday-Saturday | Training provided; Valid driver's license | Pick up donations from local stores and/or schools |
| Food Pantry Shopper and Stocker | Monday-Friday 2-3 hour shifts | On-site training | Stocking shelves OR greet clients, assist with food selections, stock, carry bags |
| Special Events (fundraising events, food drives, etc.) | Flexible; check emails for SignUp Genius for details | None | Varies |
| Administrative Support | Flexible | Computer skills (Word, Excel) | Answer phones, file, copy, data entry |
| Home Repair/ Facilities Volunteer | Flexible | Experience making repairs | Assist with home repairs and building facilities projects |
| Health Care Professionals (MD, NP, PA, RN, LPN, DDS, DA, DH, MSW, etc.) | 3 hrs per month/6 month commitment | Orientation on-site | Direct patient care, chart maintenance, clinical data tracking |
| ESL Teachers and Tutors | Monday 12:30-1:30 pm and 7-8 pm | ESL training (provided) | One-to-one English as a Second Language education |
| VITA (tax preparation) | December-January for training; February-April for client appointments; slots vary | VITA Program Training; pass VITA program exam(s) | Prepare income tax returns for clients |
| Registration Volunteer | Monday, Tuesday or Thursday - 3 hours per week/6 month commitment | Training provided | Register clients and provide resources |
| Sexual/Domestic Violence Volunteer | Varies | 3 – 3 hour training sessions required | Drive clients to court; clean emergency housing; provide child care |
| Financial Counseling Volunteers (limited availability) | Flexible; 6 month commitment | Training provided | Client counseling on budgeting/ money management |

Our mission is to provide health care and basic human services to Goochland residents in need.