OUR MISSION

To provide basic human services and health care to our Goochland neighbors in need.
Dear Friends,

What a year it's been! Although the threat and isolation from COVID lessened, other factors including inflation and rising housing costs impacted our clients' lives. The good news is that GoochlandCares programs directly assisted more than 2,500 of our Goochland neighbors. This number represents roughly 10% of Goochland County residents.

The report you are about to read provides a snapshot of our work in 2022. The highlights are not just in the numbers (10,267 food pantry visits - wow!) but are found in our clients' stories. Consider what it means to leave a life of violence and receive support as you start a new life, to know that you will wake in the morning with food to cook breakfast for your hungry family, and to have a jacket to dress your toddler in to protect him from the bitter cold. Imagine the relief that your breast cancer was detected early or your blood pressure is finally controlled. Most of us take these advantages for granted but be assured that this is not the case for many Goochland residents. Our services strengthen our community by helping our neighbors in crisis. Through addressing the basic human and health care needs necessary for our clients to recover, we help them move forward in their lives.

Our work is possible only because of your support. Whether you donate your time, money, good will, prayers, or spread the word to people who need us, you are critical to our mission. Thank you in advance for giving generously to help our neighbors in need. By supporting our efforts, you join our dedicated staff, Board, and volunteers in ensuring help for Goochland's most vulnerable citizens.

It is "in giving that we receive".

Sincerely,

Paul Springman  
2022 President, Board of Directors

Sally K. Graham  
Executive Director
OUR VISION

GoochlandCares envisions an equitable community in which all persons have their basic needs met, empowering them to lead lives of self-dignity and well-being.
Hope is here, because you are here.

Since 1952, you have been a safety net for those in crisis with nowhere else to go. Staff and volunteers use a trauma-informed approach to deliver care with compassion and dignity.

Your support of GoochlandCares’ twelve programs allows each client’s unique circumstances to be addressed.

In 2022, you cared for

2,538 Goochland neighbors with health, hunger, housing, safety, and other basic needs.
Dear GoochlandCares,

GoochlandCares saved my smile! When I arrived at GoochlandCares, I was suffering from excruciating pain due to a broken tooth. The dentist not only fixed the urgent problem but also put fillings in six of my decayed teeth. Previously, I never smiled because I was self-conscious about my brown and decayed teeth. Now, I can’t stop smiling, because I have dentures that have transformed my appearance and confidence. The impact GoochlandCares had on my life is immeasurable.
YOU are health.

The Free Clinic operates as a collaborative effort where staff members and volunteers work side by side to diagnose, prevent, and address health issues. The group of doctors, dentists, nurses, dental hygienists, specialists, counselors, and admin assistants work hard to get to know each client’s personal story.

Together, they strive to ensure accessible health care for our community.

Free Clinic

3,426 Medical, Dental, and Mental Health visits

1,814 Medical visits,
1,475 Dental visits,
137 Mental health visits

Prescriptions

1,386 Prescriptions valued at $557,107

Transportation

778 trips for appointments totaling 33,327 miles
Dear GoochlandCares,

The Food Pantry saved me! With their assistance, I've been able to stretch my paycheck by getting groceries to feed my family. I couldn't afford both my medicine and the essential food my children need. This week, the Food Pantry provided fresh produce and canned tuna allowing me to prepare healthy dinners which my family will happily eat. Their support has been a lifeline for us.
Food Pantry

463,119 meals nourished
839 families
Dear GoochlandCares,

Helping families, one outfit at a time! When I needed summer clothes for my kids, the Clothes Closet came through for us. Children grow so quickly making it challenging to keep up with their sizes. Thankfully, I can shop using Clothes Closet credits to get new school clothes for my children. The Clothes Closet has been an invaluable resource, providing both practicality and a much-needed boost for our family.
YOU are change.

The Clothes Closet depends on the generosity of your in-kind donations, including clothing and household goods. These contributions enable us to provide clients with clothes for school and work and small appliances and household items for their homes. Your donations help to stock our Emergency Housing and support the transition of individuals and families as they move into their own residences. Your generosity allows our clients and their families to go shopping without worrying about money, while still maintaining their dignity.

Clothes Closet
Provided 905 neighbors (including 300 children) with clothing and home goods
Dear GoochlandCares,

I am truly grateful for the Critical Home Repair program. When my roof started leaking and eventually caved in leaving a hole in the ceiling above our kitchen, I felt overwhelmed. GoochlandCares staff and volunteers came to my rescue, ensuring that my home was not condemned which allowed me to stay in my cherished space while the repairs were underway. Their support made a world of difference during a challenging time, and I am incredibly thankful for their assistance.
YOU are security.

These four programs are designed to promote the safety and stability of our neighbors' housing while also enabling them to fulfill their basic needs. In situations where preventing homelessness through Financial Assistance, Critical Home Repair, and Case Management proves challenging, families may find refuge in our Emergency Housing shelter. GoochlandCares strives to prevent the displacement of families from their homes by utilizing one of these four programs, ultimately assisting them in achieving stability.

**Critical Home Repair Projects**
- **117 projects** restored 66 homes to safety

**Case Management**
- **372 individuals** (including **98 seniors** and **88 children**) received help with complex social issues

**Financial Assistance**
- Kept **221 neighbors** (including **79 children**) in their homes plus assisted with **180 tax returns**

**Emergency Housing**
- Provided **60 individuals** (including **37 children**) shelter for **3,191 nights**
Dear GoochlandCares,

The compassion and support from the GoochlandCares SDV staff were a lifeline for me during a deeply challenging time. They helped me navigate the difficult journey of leaving an abusive relationship. When I had nowhere to turn, they provided guidance in building a safety plan, assisted me in finding new housing, and ensured I had fresh clothes from the Clothes Closet and food from the Food Pantry to sustain me during the transition. They not only saved my life but also stood by my side when I felt scared and alone. Thanks to their unwavering support, I now have the opportunity to start anew.
You are safety.

Our Sexual and Domestic Violence Services are accessible to everyone, regardless of income or residence. The Emergency Housing we offer provides a safe haven for individuals who can stay secure within the community. Our dedicated SDV staff provide vital services such as safety planning, counseling, case management, and a 24/7 hotline for immediate assistance. They also educate high school students on cultivating healthy relationships. Your support plays a pivotal role in empowering those who face violence, fear, and uncertainty in their lives.

Sexual & Domestic Violence Services

Provided services and support for 118 neighbors in crisis and managed 48 hotline calls
Dear GoochlandCares,

I made the decision to pursue my GED, because I wanted my children to recognize the importance of completing their education. It was important for me that they felt proud of me and understood that it is never too late to rebuild and make a fresh start. Now I have the opportunity to pursue higher paying positions with my current job and potentially explore college courses.
YOU are the future.

We aim to honor and recognize the resilience and adaptability within the realm of adult education. A significant number of our clients have faced various challenges such as employment difficulties, homeschooling responsibilities, food and housing insecurity, caregiving for family members, personal illness, and safety issues. Moreover, many lack access to reliable internet services. By expanding Wi-Fi provisions, GoochlandCares has enabled our clients to continue their learning journey. Your support plays a crucial role in providing funds that can be used in different ways to adapt to the changing education system. This funding helps people who want to learn new things like reading, writing, math, English, and especially how to use computers and the internet.

GED graduates
YOU are strength.

Volunteers are the lifeblood of our programs, ensuring that our clients receive the essential services they need. They are truly invaluable! Without their selfless contributions, we would not be able to offer such a wide range of programs and deliver them with such depth and impact. GoochlandCares has been recognized as a Service Enterprise by the Points of Light Foundation, receiving certifications in 2016, 2019, and 2023. This prestigious acknowledgment highlights how our volunteers play a crucial role in fulfilling our mission.
Every year we engage the community with multiple events. In 2022 we were so happy to be able to get back to in person events after way too long. From donor and volunteer appreciation events to food and clothes drives, you support the Goochland community throughout the year.

**Tee Up for GoochlandCares** - GoochlandCares held its inaugural fundraiser golf tournament on April 11, 2022, at Richmond Country Club. The event raised $63,000 to support the organization’s mission. The golf tournament saw the participation of 128 golfers. Following the tournament a dinner was held accompanied by a silent auction and raffle.

**Brews for Birds** - Held at Kindred Spirits Brewing, this event raises money to buy turkeys for Thanksgiving. Tickets include craft beer and raffle entry. Your support is crucial because it helps the Food Pantry meet the increased demand during the holidays.
Building Bridges of Hope - This year’s in-person event, the first since COVID, was graciously hosted by Salem Baptist Church. We heard from county administrator, Manny Alvarez, Sally Graham, and two GoochlandCares clients. We were able to share news of the county and GoochlandCares and also hear the positive impact GoochlandCares has had on the lives of our neighbors in need.

Jingle Bell Bazaar - The annual holiday tradition continued at Richmond Country Club. Attendees were treated to a relaxed shopping experience complemented by a fashion show and a luncheon. The event featured over 40 booths, each offering a diverse range of unique gifts from local small businesses and artisans.
2022 FINANCIALS

2022
Where Our Funds Came From**

- 33.2% Individuals
- 9.4% Events
- 2.1% Non-Profit Organizations
- 11.3% Earned Income
- 2.5% Businesses
- 19.3% Foundations
- 22.2% State and Local Government

$4.3 MILLION

2022
How We Spent Them

- 86.8% Programs & Services
- 13.2% Admin and Fundraising

Statement of Activities

Cash Support and Revenue: $4,285,751
Non-Cash Gifts***: $1,345,162
Total Support and Revenue: $5,630,913
Total Expenses: $5,635,517

Net Assets Beginning of Year: $13,989,757
Net Assets End of Year: $12,737,839

**Sources of cash revenue and support, and non-cash gifts.
***Non-cash gifts include professional medical and dental time, medical services, and donated materials, equaled $1,345,162 for total revenue and support of $5,630,913

All figures are audited
YOU are the difference.

In 2022, your support of the Annual Fund made a difference in the lives of 2,538 Goochland neighbors.

$10,000 and above

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“I went to GoochlandCares because I couldn’t afford to buy clothes or food for my children. I was in an abusive marriage and my husband had taken all our money when he left. The staff at the Clothes Closet were incredibly supportive and understanding. They also informed me about the Domestic Violence program. I’m extremely grateful for the support and guidance they provided me during that difficult time.”
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Sandra Collins
“A few months ago, when I moved to Goochland, I wanted to meet more people in my neighborhood. So, I followed some organizations on social media and decided to volunteer at GoochlandCares. It's been great to help out in my community and make new friends along the way.”
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“I found out I had stage 4 colon cancer. Before starting chemotherapy, I needed to get some infected teeth removed. GoochlandCares was able to schedule me right away and do the procedure. While I was there, I mentioned that I wouldn't be able to work during the treatment and was worried about being able to feed my dog, who is my best friend. GoochlandCares not only gave me dog food but also helped me with groceries that I could eat during my treatments. I don't like asking for help, but I will do it for my dog. God bless you, GoochlandCares.”
Dear Friends,

Growing up in Goochland, I saw first-hand the needs of the under-served in our larger community. As a physician, I recognize the importance of organizations such as GoochlandCares in meeting those needs.

One of the most important ways we can ensure this continued support is to help secure the future of the organization.

As a member of the Mary Ross Reed Society, we have made provisions in our estate plans to sustain the good work GoochlandCares does for our community.

We hope you will join us in considering your own legacy and a gift to the future of GoochlandCares.

Sincerely,
Emily and Jay Teeter

Leaving a gift in your will is a wonderful way for you to support GoochlandCares and make a lasting impact. We are grateful to have Emily and Jay Teeter as members of the Mary Ross Reed Legacy Society. Their generous contribution will help ensure that GoochlandCares continues its mission for many years to come.

You also can leave a gift in your will to support the programs at GoochlandCares that have been significant in your life. Your support is all about working towards a brighter future. It symbolizes the desire to pass on your values and can serve as inspiration to others.
A legacy of caring.

The donors profiled here used a variety of planned giving options to create their legacies with GoochlandCares. Advantages include significant tax benefits, additional lifetime income, and most importantly the ability to make a difference in the lives of our neighbors in need for generations to come.

The following generous donors are providing the legacy of support that will enable GoochlandCares to continue to serve those less fortunate in our community. Our community of supporters has embraced the power of planned giving. The forward thinking members of the Mary Ross Reed Society are a guiding light for GoochlandCares.

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In 2022,
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Tracey Harbaugh  
Joe Hardman  
Wendell Travis Harris  
Evelyn Hartung  
Fred Hassan  
Bert Hayes  
Millie Heltzer  
Tiffany Henry  
H H Hunt Volunteers  
Shawn Canty Hicks  
Mike Hill  
Charlotte Madison Hogeboom  
Sarah Abigail Holman
Karen Horn
Amanda Houchins
Hourigan Construction Volunteers
Ed A. Hyer
Sheila Hyer
Dolly Jackson, RN
Betsy Jackson
Ron Jenkins
Nannette Jenkins
Kim Jennings
Dave Johnson
Jerry Johnson
Thomas Johnson
Steve Joy
Kevin Joynes
Michael Joynes, MD
Danetha Kapral
Michael Kapral
Thomas G. Karrasch
Sukhleen Kaur
Kristin Kelley
Joseph A. Kelly
Wade Kennedy
Kaye W. Keyes
Kevin Keys
Sang Hoon Kim
So Myung Kim

Kitty Marie Kimmel
Betty King
Kenneth Francis King
Kinlock Neighborhood Volunteers
Matthew Kish
Melissa Kish
Leopold Kobal
Max Kobal
Kathlyn Marie Kolenda
Donald Koonce
Lisa Langley
Lynn Laskin
Norm Laskin
Byrd Latham
Donna Leabough
Ella Lee
Grant Lee
Ed Lehre, PT
Jenny Lessin
Darienne Denice Lewis
Laura Lewis
Xiaoming Emily Li
Alex Lim
Nathan Lim
Samantha Lim
Lee Lindsey
Jake Little
Jaylene Denise Lopez
Madeleine Marvey Luck
Cindy A. Lyon
Barbara Maiden
Manakin Fire & Rescue Volunteers
Marissa Marczak
Markel Corporation Volunteers
Michael Marotta, DDS
Pam Marrow
Al Martin
Patsy Martin
Sarah Martin
Will Martin
Grace Maurer

Vaughn P. Maurer
Connie Shield Mayhew
Richard Mayhew
Brittany McCall
Thomas Glen McClung
Anne McPherson
James Melton
Rick Meyers, MD
Karen Mick
Steve Farnsworth Mick
Joan Miles
Melissa Miles
Marilynn Miller
Pat Miller
Paul T. Miller, Jr.
Nathan Andrew Mondragon
Sreekeerthi Mopuri
Jessica Morrison
Michael Patrick Morrissey
Mosaic Neighborhood Volunteers
Bland Leonard Motley, Jr.
Lee Ann Motley
Ginger Motley
Melissa Mounts
Del W. Mugford, III
Walter Murphy, DDS
Claire Myers, DDS
Ava Maria Nadolski
Andrea Nash
Karen M. Nemetz
Kaleb Cecil Newman
Carolyn Nicholas
Clinton Nicholas
Janice Noble
Clint Norris, DDS
Joesph Nuara*
Oakland Baptist Church Volunteers
Harold Wilson Odongipou
Old Dominion Mechanical
Mirriam Oman
Margaret Paradis
Shirley Parker
Mary T. Pasco
Austin Christopher Payne
Ron Payne
PFG Volunteers
Jackie Pili
Whitney W. Pinna
Donna Pinnell, NP
Amalia Pizzardi
Cole Pollard
Wendy Popp
Bryson Powell
Peyton Preblick
Olivia Prillaman
Clay Pruitt
Laura Pruitt
Anthony Connor Puckett
Kamisha Quarles
Celia Rafalko
Swarna Raghuvir
Anthony Reale
Sharon Elizabeth Reese
Gail Reeves
Jan Reynolds
Keith A. Reynolds
Helen Richeson
Al Rider
Liz Rider
Dwight Rigsby
Eleanor C. Rigsby
Jeff Rimington-Trollinger
Thomas Rimington-Trollinger
Amber Lee Robertson
Mary Robertson
Walter Robinson
Pat Rollison
Robin A. Scott Roper
Michael Rossetti, DDS
Diann Russell
Roslyn Russell
Aashima Sagar
Hagir Altagi Saleh
Bob F. Salsitz
Rick Sample
Delaine Sanders
Brenda Seward Sands
Kate Sarfaty
Steven Sarfaty
Debbie Sawyer
Judi Saxon
Carole Scott
Dan H. Scott
Leslie Seay
Barbara Sensabaugh
John Settle
Chester Sharps
Vicki Sharps
Jade Noelle Shiver
Nicole K. Shuman
Bruce A. Silverman, MD
James Randolph Sledd
Sherri Sledd
Allison Logan Smith
Howard Smith
Josephine Smith
Lori Smith
Alexis Celine Snyder
Thomas Eugene Snyder
Lynn Spawn
Erv Spevak
Millie Spevak
Liam Spiers
Nancy Springman
Paul Springman
St Andrews Youth Volunteers
St Gertrude's High School
St Mary's Episcopal
Lisa Stanzione, RN
Jennifer Ann Stern
Oscar Stern
Olivia Stern
Steward School Volunteers
Henry Stewart, DDS
Peyton Alexander Stoltz
Bridgette Stone
Paul Stoneman
Lisa Strauss
William Street
Aubrey Hazel Strong
Samuel Stubbs
Mark Stuckey
Becky Sutterfield
Tom Sutterfield
Tracy Teal
Katy Tessieri
Amy R. Thalhimer
Charlie Thel
Gloria Thomas
Kimberly Jean Thomas
Erla K. Thorkelsdottir
Bob Thornhill
Elizabeth Ann Thornhill
Joanna Tilley
David West Townsend
Margaret Hope Townsend
Trinity Episcopal School Volunteers
Tia Turner
Judy Underwood
Joshua Dwight Usry
Linda Jean Vasquez, RN
Payal Vaughan
Billie Vaughn
Ellenah Roberta Via
Kathy Vick
Melinda D. Vo
Susan Vranian
Jared Wall
Carol Wampler
Sarah Maria Ward
Sharyn D. Ward, RN
Gavin Nicolas Ware
Karen Webber
Nora Weinhold
Chris Wells
Jacob R. Wells
Sadie Grace Wenger
Georgia Kate Wensell
Joanna Wensell
Noah Wensell
David M. West
Betty Kay Whiteside
Kaylyn E. Whiteside
Robert A. Whiteside
Genevieve Wilhelm
Jennifer Wilkins
Erin Bailey Williams
Anita Williamson
Genevieve Sloane Williamson
Jack S. Williamson
Jeff Williamson
Joanne M. Williamson
Joseph Shepherd Williamson
Sara Wilson
Wendy Woods
James Worley
Gavin Franklin Worthington
Janie Wyatt
Mike Yeatts
Susann G. Young
Tripp Young, NP

GoochlandCares strives for accuracy. We apologize for any errors. If your name has been omitted or listed incorrectly, please contact Dominic Alexander, 804-556-0400 or dalexander@GoochlandCares.org.
OUR PROMISE

GoochlandCares delivers quality, client-centered services with compassion and dignity.
Sarah and Will Martin have volunteered for many organizations. Sarah grew up in Goochland and is so glad to be back. When it comes to volunteering at GoochlandCares, they love the idea of giving back to the community and keeping their efforts local.

“Volunteering at GoochlandCares is very hands on and personal. You are not a cog in a large machine. The work we do volunteering helps support the mission and you feel that. You actually get to know the clients, their stories, their families, likes and dislikes. And you see firsthand the appreciation those clients have for the services GoochlandCares provides and the friendliness of the staff.”

– Sarah and Will Martin